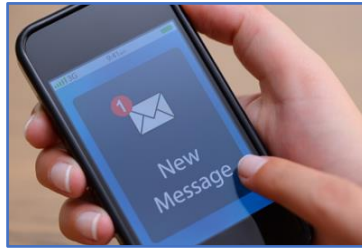


# NEWS FLASH



WITTERINGS MEDICAL CENTRE  
PATIENT PARTICIPATION GROUP

28 May 2022



## NEW TEXT SERVICE to UPDATE YOUR MEDICAL RECORDS

The Surgery are using a new text service in order to update your medical records, which may have become out-of-date over time. Over the coming months the Medical Centre will be messaging patients asking for height and weight, smoking status, blood pressure and other details as you would have provided when you first registered with the Practice. Because the system may not be able to cope with all the questions at once they will try to spread these messages out so you don't feel bombarded. After the initial message, 2 reminder messages will be sent on days 3 and 6 to those patients who have yet to respond. For blood pressure readings, you are welcome to use the BP machine in our waiting room.

If you receive a text message from "Witterings" including a link which begins with "floreys.accurx" asking for your height & weight, smoking status or blood pressure, please be assured the message is legitimate and it is quite safe to respond.

The messages will include a link to enable you to reply. Your details will then be automatically saved to your medical records. If you have any problems with the link, you can email your results to [reception.witterings@nhs.net](mailto:reception.witterings@nhs.net)

**Please do not telephone the Surgery with your results**  
as this prevents reception staff taking other more urgent calls.



## WELCOME TO NEW UKRAINE FAMILIES

Registration advice for those wishing to join the Medical Practice can be found [here](#). Scroll down on the web page for information in Ukrainian.

There is access to translators if needed. Speak to a member of the registration or management team for further information.

**Manhood Peninsular** is a group made up of sponsor families and people wishing to support, they organise meetings, lifts, etc. Please email [peninsularefugeehelp@gmail.com](mailto:peninsularefugeehelp@gmail.com) if you are interested.



## Dementia & Carers Coffee Morning



The next FREE meeting is on

**Wednesday 1<sup>st</sup> June at  
WITTERINGS MEDICAL CENTRE  
10.00 – 11.30 am**

**and the first Wednesday of every month thereafter**

Dementia Support is a Community Service run by Sage House, City Fields Way, Tangmere PO20 2FP  
Tel: 01243 888 691 Email: [info@dementia-support.org.uk](mailto:info@dementia-support.org.uk) Web: [www.dementia-support.org.uk](http://www.dementia-support.org.uk)

---



### **FREE Safe and Well Visit**

This information is provided as a result of the Medical Centre reporting there have been some very unfortunate incidents which were caused due to lack of awareness or knowledge of fire hazards and use of flammable products.

A Safe and Well Visit is a free service carried out by **West Sussex Fire & Rescue Service**. It involves a pre-arranged visit to your home to offer advice on how to make it safer and, where appropriate, fit smoke alarms or other specialist fire detection equipment free of charge.

They offer visits to individuals and groups within our communities most in need – e.g. those over 65, lone adults with children, those who have a disability etc. Visits normally last between 30-45 minutes. The fire service personnel who visit always carry identification. Part of the advice they can give is around smoking, e-cigarette safety and use of flammable products.

#### **To request a visit, contact:**

Email: [safeandwell@westsussex.gov.uk](mailto:safeandwell@westsussex.gov.uk) Phone: 0345 8729 719

Or visit the website for more details [Safe and Well Visit - West Sussex County Council](#)

There is also a DIY checklist that you can complete if you are not eligible for a free visit. You can find this in the Living safe and well booklet on the Safe and Well Visit Overview page.



## WELL DONE TEAM WMC!

This team from the Medical Centre successfully completed the Bognor 10k run on May 22nd. The money they raised will go to Manhood Mobility Service, Dementia Friends and Stitch and Yarn.

They hope to raise **£2,000** for these good causes. It's not too late to sponsor them! Please click [here](#) if you wish to donate.

Thank you for your support.